



## C Imani Williams

Visual Arts & Literature



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As a Creative ARTS Holistic Life Coach, C Imani Williams utilizes the art of jewelry design with natural beads and stones as a form of trauma release with aspiring jewelry designers. It's all about the healing energy for her. The movements are rhythmic and repetitive, creating a cadence that may help with anxiety while providing a sense of calm. She has taught art to high school students in Detroit, MI, along with community-based workshops for survivors of sexual assault (youth and adults), women's groups, and agencies serving at-risk youth. Williams is committed to helping others reclaim their voice through holistic creative arts.

Williams is also the self-published author of *Rootwork: Triumph Over Trauma*. She offers Creative Writing and Performance-based author talks to community-based organizations and schools. She believes the creative writing process is useful to anyone working on better self-care. Williams holds graduate degrees in Counseling and Creative Non-Fiction Writing. She believes in the process as she has lived it, taught it, and helped others on the healing journey.

### School & Community Workshops

AfroCentric Jewelry Design Workshops – virtual & in-person  
The art and history of African beads and shells

Let's Create Jewelry Design Workshops – virtual & in-person

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Let's Create Writing Workshops –

- Introduction to poetry, personal essays and short stories as a creative outlet.

- Survivors Writing – journaling for clarity and the healing process

- Tips for Success – Exploring magazine writing

  - Crafting the Personal Essay for Magazine Publication

- Avoid Costly Self-Publishing Mistakes

Program Types  
Workshops, classes, talks,  
residencies

Language Proficiencies  
English

Fees  
Contact to inquire

Availability

Contact to inquire  
Audiences

High school, Adult, Seniors,  
At-Risk Individuals, LGBTQ,  
Healthcare groups

Venues  
Schools, community centers,  
senior centers, healthcare  
facilities

Technical requirements  
Contact to inquire

Counties  
Clark



